

Saint Paul News

March 2019

www.saintpaulumc.org

1144 M Street, Lincoln, Nebraska 68508

402-477-6951

Pastor's Ponderings

Worship Services at Saint Paul

Sunday Worship (Sanctuary)

9:00 and 10:30 a.m.

Saturday Worship (Chapel)

6:00 p.m.

Watch Worship at Saint Paul on Spectrum (Channel 1302)

Kinetic (Channel 13)

Not available on Allo

Tuesday 12:00 p.m.

Wednesday 1:30 p.m.

Thursday 7:00 p.m.

Sunday 11:00 a.m.

Radio Ministry

Sundays, 11:30 a.m.

The Saint Paul Hour

1240 AM/103.3 FM (KFOR)

Visit our website

www.SaintPaulUMC.org

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The pilgrims gather in communities around the world. Each one steps forward in turn, a black smudge is crossed upon their foreheads as they hear, "Remember you are dust, and to dust you shall return." On Ash Wednesday, we remember our mortality and begin the church season of Lent in preparation for Easter.

Our theme for Lent this year asks us to reflect on the question, "What is Salvation?" In seminary, we learned fancy works like the German term Heilsgeschichte (salvation history) or the Greek Soteriology (doctrine of salvation). I don't imagine evangelists who ask, "Have you been saved?" are inquiring about the depth of those concepts. "Salvation" has been reduced to a simpler concept of a personal matter for them.

What do you mean when/if you use the term salvation? What are you saved from? What are you saved for? Is it a personal event or/and does it have a collective meaning?

Lent is a time of reflection and preparation for the holiest day of the Christian calendar, Easter. I invite you to make a Holy Lent by joining your faith community in worship, prayer, study, almsgiving and all practices that feed your soul and nurture your spirit.

Connected in Christ,



What is Lent?

Lent is a season of preparation leading up to Easter. It is the forty days, not including the six Sundays before Easter. For centuries, it has been observed as a special time of self-examination and penitence. Lent is a time for concentration on fundamental values, priorities, and is not a time for self-punishment.

Observing Lent



The custom is to mark the season of Lent by giving up some things and taking on others. Both can serve to mark the season as a holy time of preparation. Some examples of things people give up for Lent include sweets, meat for all or some meals, alcohol, electronics. In most cases, giving up something for Lent can be made more meaningful by using the money or time for another purpose. For example, meal times on fast days could be spent in prayer. Another example is that if you give up meat during Lent, the extra money that would go to meat dishes can be given to a group, such as World Vision, which works to end hunger worldwide. Others may try 'giving up' some negative behaviors: gossiping, judging others or self harshly, criticism. Some things added during Lent are daily Bible reading, fasting, times of prayer, taking a course of study related in some way to spirituality. Note: Sundays are celebrations of Christ in our midst and are always an appropriate day to lessen the restrictions of Lent.

Shrove Tuesday

March 5, 2019

This is actually the day before Lent begins. The day is named for the "shriving" or confessing that was traditional on this day before beginning Lent. This day is also known as Mardi Gras or Fat Tuesday, because it was a time for eating the things from which one would abstain during Lent. Pancake suppers are traditional as they were a way of using up some of the ingredients not needed during Lent.

Ash Wednesday

March 6, 2019

Noon and 6:30 p.m.

The first day of Lent is marked with a special liturgy. The theme for the day, though not for all of Lent, is our mortality. This is symbolized by the imposition of ashes on the forehead, with the words, "You are dust and to dust you shall return". In the Old Testament, ashes were a sign of penitence (feeling regretful at offenses) and mourning. Ash Wednesday is one of two days of special observance (the other being Good Friday) for which fasting is recommended. While this usually refers to going without food for the entire day, this practice is not practical for all persons. Use your own discretion in determining how you can best observe this day.

Palm Sunday/Passion Sunday

April 14, 2019

This Sunday before Easter is the last Sunday in Lent. The day commemorates Jesus' triumphal entry into Jerusalem. The day is also marked by sometimes reading the story of Jesus' passion (the word used to describe Jesus' death comes from "suffering" which is one old meaning of passion). Some of the Palm Sunday palms are kept and used to make the Ash Wednesday ashes for the next year.

Maundy Thursday

April 18, 2019

7:00 p.m.

This is the Thursday in Holy Week (the week leading up to Easter). The day is a time for remembering The Last Supper. The name comes from the Latin word "mandatum" for "commandment" as Jesus said, "I give you a new commandment; that you love one another." At the conclusion of this service, altars are stripped of any ornamentation and crosses are removed or veiled to mark the solemnness of the occasion.

Good Friday

April 19, 2019

7:00 p.m.

The Friday in Holy Week is a time for remembering Jesus' death. This is the second day of special observance for which fasting is recommended. One should use discretion in deciding how to best observe this day. There is no celebration of Communion from Maundy Thursday until the Easter Vigil on early Sunday.

Adult Ministries

We begin the season of Lent with Ash Wednesday on March 6. This time before Easter is a wonderful time for contemplation, reflection, and learning together. There are several opportunities for spiritual growth during Lent; please consider one or more of the following groups as a way to be in community with others and to draw closer to God.

New Classes Beginning in March

Unlearning God, a book by Philip Gulley, described as a rollicking, sometimes daunting journey of spiritual discovery. This group, led by Barbara Jo Burns, will meet on Tuesdays at 4:30 p.m., beginning March 5.

The Naked Now: Learning to See as the Mystics See, a book by Richard Rohr, a book about reading the hidden truths of Christianity with the eyes of the mystics. This group, led by Steve Griffith, will meet on Tuesdays at 5:30 p.m. at Crescent Moon, beginning March 12.

A Study of Simon Peter, by Adam Hamilton. Dates and times to be announced soon. Earl Higgins will lead this study, which will continue through Lent.

The Saint Paul UMC Wednesday Morning Book Discussion will meet on March 27th at 10 a.m. in Room 155 to discuss *Black Elk Speaks* by John G. Neihardt. This was the One Book, One Nebraska choice of 2017. For more info & questions contact Judy Jensen at (402) 420-6370.

Register for these classes on the Event Registration form or by emailing Marilyn Moore at mmoore@saintpualumc.org

All Church Lenten Study: Simplifying the Soul

Led by Dr. Jane Florence and Dr. David Lux, Wednesdays at 6:30 p.m., beginning March 13

We will read and study *Simplifying The Soul, Lenten Practices to Renew Your Spirit*, for our church-wide Lenten Study this year. Jane Florence and David Lux will share the leadership of this study, which will meet on Wednesday nights at 6:30 p.m. The author of the book, Paula Huston, invites us to declutter our minds, hearts, relationships, and souls.

Register on the Event Registration form or by emailing Marilyn Moore at mmoore@saintpualumc.org

United Methodist Women

Unit Meeting

Saturday, March 2

10:30 a.m. in the Dining
Room

Our group will be greeters
for the meeting. New
members always welcome.

Call Mary Brittenham
(402) 326-2631 or Sherilyn
Hansen (402) 499-8452

Grateful Together

Saturday, March 2
Jacob's Well Food Distribution at First
Presbyterian Church, 18th & F
Set up starts 9:15 a.m. – 9:30 a.m.
Distribution starts at 10:00 a.m.

Saturday, March 9
Contact: Mary Brittenham
(402) 326-2631

Women of the Bible

Sunday, February 17
10:30 a.m. in Room 145
Contact: Beth Duffek
(402) 610-1051

Group 1

Monday, March 18
7:00 p.m. in Paine Parlor
Program: Connection Point
Contact: Carol van Rossum
(402) 435-7092 or
Ann Cerveny (402) 440-2420

Group 2

Wednesday, March 20
at the home of Mary Vogt.
The group will continue
studying the 23rd Psalm
using the book, "Traveling
Light" by Max Lucado.
Contact: Charlene Adden
(402) 466-6158

Group 36

Wednesday, March 20
1:00 p.m. in Room 155
Hostess: Denise Nelson
Contact: Addie Lancaster
(402) 477-6951

Wesley Group

Tuesday, March 26
11:30 a.m. in the church
cafeteria. We will be discussing
chapter 13 in our book about
Mary Magdalene.
Contact: Debbie Marshall
(402) 742-5920

UMW 150 Years of Missions

Saturday, March 9 at 10:30 a.m - 12:30 p.m. in the Dining Room

UMW Members and those interested in joining UMW are invited to celebrate UMW's 150th Birthday. Festivities will include brunch, trivia games and more! Make reservations by calling Gay Nelson at (402) 475-5663 or through your UMW group leader by Wednesday, March 6th.

UMW Style Show and Salad Luncheon

Saturday, April 6 at 12:00 p.m.

Featuring fashion from Dillard's, jewelry sale to benefit Jalingo, Nigerian Orphanage and Music by Alicia Opuko. For tickets and reservations, call Addie Lancaster at (402) 477-6951. \$10 before April 1, \$12 April 2-6 and at the door.

Mission Education Tour

June 1 - June 11, 2019

For Saint Paul women ages 15 – 20

Make new friends, learn what it means to be in mission and help others. Join an 11 day adventure with 40 young women from the Great Plains Conference. Visit and volunteer: Cookson Hills Center in the Oklahoma Missionary Conference; UMCOR Depot Sager Brown, LA; Upper Room, TN; Red Bird Mission, KY Travel by bus and stay at Methodist Churches. Eight Methodist Women sponsors. If interested, contact Mary Starr (402) 489-1122 or mary2starr@gmail.com. Apply for \$450 Scholarship offered by Saint Paul UMW to cover all costs. **Applications available in Saint Paul Office. Return by March 20.**

Fellowship Classes and Opportunities

Turn the Page Book Discussion Group

Tuesday, March 4
7:00 p.m. in Room 145

We will meet to discuss *Threading My Prayer Rug - One Woman's Journey from Pakistani Muslim to American Muslim* by Sabeeha Rehman. Lynn Lux will lead the discussion.

On Monday, April 1

We will discuss *Nobody Cries When We Die - God, Community and Surviving to Adulthood* by Patrick B. Reyes.

All are welcome to join our discussions.

The Saint Paul UMC Wednesday Morning Book Discussion

Wednesday, March 27
10:00 a.m. in room 155

We will meet to discuss *Black Elk Speaks* by John G. Neihardt. This was the One Book, One Nebraska choice of 2017. For more info & questions contact Judy Jensen at (402)-420-6370.

Chapel Class

Every Sunday
9:00 a.m. in the Chapel

Genealogy

First Thursday of every month
1:15 p.m. in room 155
Bob Houser (402) 466-9382 is the facilitator

Quilting

Third Thursday of every month
1:00 p.m. in Room 155

Millie Corkill (402) 488-1096 is the facilitator

United Methodist Men

Every Monday
11:45 a.m. in the Dining Room
Join us for lunch, a program, and fellowship with the other men of Saint Paul!

Worship Service Time Change

At our year-end meeting in December, we cast a vision for 2019. One decision made was to change our worship times on Sunday morning to 8:45 and 10:45. This is a fifteen minute change to each service. Why? By moving both services 15 minutes, we have created an hour between our two worship services. All our Sunday morning Faith Education classes will occur at 9:45. This allows people from both the services to attend classes together creating relationships with people from both worship times. We also would have a common time between services for church-wide forums and receptions. It also puts all our children in class at the same time creating a greater number which allows us to divide for age appropriate instruction. This also allows families to worship together, and it brings children and youth into our worship community.

Beginning June 2:

Sunday morning
8:45 a.m. Worship
9:45 a. m. Faith Education Hour
10:45 a.m. Worship

How did this decision come about? The idea was instigated from conversations of parents with young children. They see it as a way for families to share in Faith Education and worship together. It was discussed by our staff, advanced by Church Council and approved unanimously by Church Conference in December where every member has a vote. The last time Saint Paul UMC changed worship times was in 2000. Then and now, the church responds to help people grow in faith and discipleship.

SPUMMA Friday Noon Concert and Art

The Husker Horn Choir Friday, March 1 at 12:10 p.m.

A free concert in the Sanctuary featuring the Husker Horn Choir. It's not often you get to hear more than 20 French horn players performing at the same time in the same place! The Husker Horn Choir is an extension of the Husker Horn Studio at UNL and consists of UNL horn students, non-majors, and community hornists. Their director is Dr. Alan Mattingly, professor of horn at UNL. This performance will include something for everyone, and organist Dick Morris will join them for one selection.

An Art Exhibit in Paine Parlor will feature the work of two artists. Gayle Kuhlman is an Expressionist using mixed media and Karen Bowling is a digital artist. The exhibit will remain in place for the entire month of March.

The McKinley Bells, played by Nancy L. Schoen, will be heard from the church tower and also broadcast into the Sanctuary prior to the concert.

Lunch (\$5) is also available in the Paine Parlor beginning at 11:30 a.m. and following the concert.

For further information contact Dick Morris: (402) 261-3104 or crichardmo@gmail.com



Chancel Chat- "New Beginnings"



William A. Wyman
Director of Music

Many of you perhaps know already that I have announced my retirement at Nebraska Wesleyan University after being a member of the music faculty for 44 years. As I complete my tenure there and 50 years as a music educator, I have been reflecting on influences that have shaped my approach not only to enabling the most meaningful results from my Wesleyan singers but also how my approach to meaningful interaction with the church has evolved. I have sometimes gone to unique sources for insight such as Cole, Chinoy "Directors on Directing." A quote from well-regarded director Max Reinhardt caught my attention. "...the true mission of the theater is to lift the word out of the sepulcher of the book, to breathe life into it, to fill it with blood, with the blood of today, and thus to bring it into living contact with ourselves, so that we may receive it and let it bear fruit in us." Our Chancel Choir is committed to this philosophy so that each Sunday we breathe life into the words of each anthem taking it from a simple performance to a higher level of communication with each member of the congregation. I also have been heavily influenced by one of my former teachers, Robert Shaw, who

really began his journey as one of the most significant musicians of the 20th century by singing Methodist hymns around the family piano. Says Shaw, "Assume with me also that worship is an art, or a confluence of the arts, or at least similar to the arts in that it has a certain amount of corporate time in which to consider matters of worth, in which to propose and to proportion Beauty and Truth." I witnessed Mr. Shaw speaking out when he felt that music in worship did not support the congregation's need and expectation to experience Beauty and Truth. It was not a pretty sight! As I enter this new and exciting time in my life, Shaw again guides me as he has for my entire career, "I have heard it said of some who depart this life 'used up.' Most of us, it seems to me, want to be made use of...we want whatever intelligence we've accumulated to be used." I hope in my case I have done this and will continue to make this so. Q.E.D.

Midweek Connect

4:30 p.m. - 5:30 p.m.	Open Youth Room/Gym	W. Tower Room/BFLC
5:00 p.m. - 5:45 p.m.	Golden Angels Rehearsal	Sanctuary
5:00 p.m. - 6:30 p.m.	Dinner	Dining Room
6:00 p.m. - 6:30 p.m.	Cherub Choir Rehearsal	Room 226
6:00 p.m. - 6:30 p.m.	Sonshine Singers Rehearsal	Room 227
6:00 p.m. - 7:30 p.m.	Saint Paul Youth Group	W. Tower Room
6:30 p.m. - 7:30 p.m.	Adult Classes and Groups	Varies
6:30 p.m. - 7:30 p.m.	Kids Hour	Meet in Room 224
6:30 p.m. - 7:15 p.m.	Rezounding Praise Rehearsal	Room 227
7:30 p.m. - 9:00 p.m.	Chancel Choir Rehearsal	Sanctuary

The nursery is available from 6:00 p.m - 8:15 p.m for children ages 3 and under



MIDWEEK CONNECT
feed the body, feed the soul

Youth

Midweek Connect Youth Group
Wednesdays from 6:00 p.m - 7:30 p.m.

Midweek Connect Dinner

5:00 p.m. - 6:30 p.m. in the Dining Room
\$5 for adults, \$2 for children (with a family rate not exceeding \$15)

March 6: Battered fish squares, tuna & noodles, corn, cole slaw, assorted creme pies

March 13: No Meal

March 20: Potato bar that includes chili, cheese, sour cream, broccoli, bacon bits, salsa, onions, butter. Tossed green salad with dressing, monkey bread, creme d' mint cake

March 27: Beef lasagna, garlic bread, fruit salad, green beans, scotcheroos

Children

Midweek Connect Kids Hour: Ages 4-Grade 5

Wednesdays from 6:30 p.m. - 7:30 p.m.

Midweek Connect Kids Music

Cherub Choir: Age 3-Grade 1

Rehearsals are Wednesdays from 6:00 p.m. - 6:30 p.m. in Room 226

Sonshine Singers: Grades 2-5

Rehearsals are Wednesdays from 6:00 p.m. - 6:30 p.m. in Room 227

Adults

Midweek Connect Adult Classes

Wednesdays from 6:30 p.m - 7:30 p.m.

Gospel of John

FaithLinks

On Being a Parent

Adult Choirs with Wednesday Rehearsals

Praise Team (9:00 a.m. Worship Song Leaders): 5:30 p.m. in Room 223

Rezounding Praise (9:00 a.m. Praise Choir): 6:30 p.m. in Room 223

Chancel Choir (10:30 a.m. Choir): 7:30 p.m. in the Sanctuary

Special topics

Prayers for Our Church

Wednesday, February 20 at 6:30 p.m. in the Chapel

We will offer prayers for our church and our delegates as the General Conference convenes.

Healing Service

Wednesday, February 27 at 6:30 p.m. in the Chapel

Regardless of the outcome of the General Conference, there will be hurts. We will offer prayers for healing wounds and restoration.

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PERIODICAL
POSTAGE PAID

RETURN SERVICE
REQUESTED

WHAT IS
SALVATION?

LENT SERMON SERIES
MARCH 10 - APRIL 21
SATURDAY 6 PM AND SUNDAYS 9 AM AND 10:30 AM
1144 M STREET, LINCOLN, NE 68508


Saint Paul
— UNITED METHODIST CHURCH —